

# Home Practice Scheduler

With busy schedules, instrument practice easily gets overlooked. Consistent, habitual practice allows your student to have the greatest success and is **vital** when learning an instrument. Please fill out the form below and try to stick with the schedule you have created. Post it somewhere in your home where you will frequently see it (ex. refrigerator)

Talk to your child about which days/times are best.

Write times (increments of at least 15-20 minutes) on the days that work.

Try to fill in 4/5 times of 15-20 minutes each. Example: Monday 5-5:20 pm

Monday \_\_\_\_\_

Tuesday \_\_\_\_\_

Wednesday \_\_\_\_\_

Thursday \_\_\_\_\_

Friday \_\_\_\_\_

Saturday \_\_\_\_\_

Sunday \_\_\_\_\_

Hints for sticking with the schedule:

1. Set an alarm on the phone for practice time
2. Set a timer once practicing begins
3. Remove distractions from the room (TV, radio, pets, etc.)
4. Have practice goals before starting (ex: first 4 measures of this song with no stopping)
5. If the time doesn't work, change it!! 😊

